



Headlines

'Together we grow in God's love, learning to be the best we can be'
Week beginning 7th February

Week Beginning – 7th February

Monday 7th

**PLEASE ENSURE ALL
WORKSHARE WEEKEND BOOKS
ARE RETURNED**

Tuesday 8th

School tour 9am—for prospective
parents and carers
*(places must be booked in ad-
vance)*

Thursday 10th

Yr2 Trip - Royal Festival Hall

Friday 11th

Yr3/4—Gymnastics Competition

Letters Home

Parents Forum—Class Reps
Parents Evening—Yr6
Proposed Dates—Yr6
Public Health Letter—Whole School
LA Topic Suggestions—Whole School
Mind Space Events—Whole School
MFL Competition—KS2
Workshare Weekend Feedback—Yr1-
Yr5

In assembly this morning children explored this week's Wednesday Word 'Follow' by considering some particularly tricky dilemmas. In one example pupils were asked to consider what they would do in this situation...

They are walking down the street and have just eaten a snack. They are holding the leftover packaging, such as a banana skin or a drink carton. What would they do with it?

- * put it in the bin
- * throw it on the floor
- * take it home to recycle/compost it
- * put it in a pocket

After considering their responses, I shared two images with children. One in which a bin was surrounded by large amount of litter on the floor, and another in which a bin stood smart and clean on the side of a street.

Children were surprised to learn how much higher the likelihood of people dropping litter was when faced with scenario 1 and this led to discussions about being influenced and following others.

This also proved an excellent opportunity to consider those who have used their influence for the good of others – whether it be famous political figures, sports people or religious leaders.

As reflected in our school motto, whether it be through assemblies, in lessons or at play, at St. John Fisher we strive for all of our pupils to develop those values and become role models for others, living out our school motto in all that they do.

*'Together we grow in God's love,
learning to be the best we can be.'*

Enjoy a wonderful weekend everyone.



Designated Safeguarding Leaders

Ms J Kenna
DSL
Mrs C Ellerker
Deputy DSL
Miss C Higgins
Deputy DSL



If you have any concerns about a child please contact:
school@st-johnfisher.merton.sch.uk

Next week is Children's Mental Health Week. During this week, we will be learning about emotional regulation. As part of this, we will develop a whole school language around emotions, enabling the children to better understand their own feelings and verbalise them safely.

When we are finding things tricky, and feeling dysregulated, we can practise learning to STOP, OPT and GO: stop in your tracks, think of your options and the consequences of each, and go with the best one.

In doing so, we can identify our own emotions, make links to how we feel in different situations, and find ways to communicate and manage our emotions in ways that we can be proud of.

The ZONES of Regulation



This week, Year 3 have been making healthy pizzas as part of our DT lessons and healthy me topic in PSHE. The students were asked to create a recipe and use their utensil skills to make their own vegetarian pizzas. We even had some students who 'don't like pizza' really enjoy making and eating them and would like to make them at home!



Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Vegan Mexican Roll with Potato Wedges	Beef Lasagne with Garlic Bread	Roast Turkey, Roast Potatoes and Gravy	Chicken Sausages, Mashed Potato/New Potatoes and Gravy	Fishfinger/ Salmon Fishfingers with Chips and Tomato Sauce
Jacket Potato with BBQ Baked Beans	Tomato and Lentil Spaghetti	Vegetable Wellington with Roast Potatoes and Gravy	Roasted Vegetable French Bread Pizza	Red Pepper and Cheese Frittata with Chips
Coleslaw Sweetcorn & Peas	Peas Carrots	Broccoli Cauliflower	Carrots Baked Beans	Peas Sweetcorn
Oaty Peach Crumble with Custard	Fruity Shortbread	Fresh Fruit and Yoghurt Station	Chocolate Sponge with Chocolate Drizzle	Grapes, Cheese and Crackers

Or a choice of Yoghurt & Fresh Fruit available daily

This week our Yr5/6 swim team competed in the MSSP Merton Borough Swimming Finals Mor-den pool. They swam amazingly well and between them they achieved:

4 x Golds

3 x Silvers

3 x Bronzes

Relay Winners

Congratulations to Reid A, Jack A, Emily C, Luke F, Victoria I, Ma-tilda M, Helen M, Niamh M, Luke SC, Luke S, Kaylum T, Ian V, Stephanie V & Emma W.



Thank you also to the parents who came to support us.



A huge congratulations to Victoria I, Joshua A, Scarlett W and Gabriel A who represented SJF at the MSSP Gymnastics Competition. SJF won bronze medals, finishing 3rd overall out of 16 schools competing at the event. A special mention to Scarlett who won 3 individual gold medals and Joshua who won an individual silver medal.

Safer Internet Day – Tuesday 8th February

At St John Fisher we understand that in today's increasingly digital world, it's crucial that online safety is integrated across the curriculum, throughout the year.

Safer Internet Day – on Tuesday 8th February – is an opportunity to further celebrate and promote the safe and positive use of digital technology and to inspire a conversation about using technology responsibly, respectfully, critically and creatively.

The theme of this year's Safer Internet Day is *'All fun and games? Exploring respect and relationships online.'* Coinciding with Children's Mental Health Week, it's a timely opportunity for teachers and pupils to explore the impact that digital technology can have on our mental health and wellbeing, and celebrate pupils' roles in creating a safer internet, whether gaming, creating content or interacting with friends and peers.

For more information about Safer Internet Day, visit:

<https://saferinternet.org.uk/safer-internet-day/safer-internet-day-2022/about-the-theme>

For resources to help keep your child safe online:

<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>



BUILD BETTER LEARNING



These pupils have
showed perseverance

St Scholastica - Gabi G

St Aidan - Lucy B

St Ninian - Rafael G

St Teresa - Keira C

St James - Laura K

St Osmund - Bella H

St Hugh - Greta N

St Nicholas - Bailey F

St Francis - Olivia F

St Ignatius - Patrick G

St Susanna - Ted V

St Helena - Benjamin C

St Elizabeth - Eloise D

St Rose - Scarlett C

Nursery - Amelie C

This week's overall
winner of Ms Kenna's
BIG PENCIL.....



*** *Ethan P* ***

THE GOSPEL IN CHURCH Sunday 6th February 2022



When Jesus had finished teaching by the lakeside he said to Simon Peter, "Sail out into deep water and let down your nets." "Master," Simon Peter replied, "we worked hard all night long and caught nothing, but if you say so, I will let down the nets." And when he and his companions had done this they netted such a huge number of fish that their nets began to tear and they filled their two boats to sinking point. When Simon Peter saw this he fell at the knees of Jesus saying, "Leave me, Lord; I am a sinful man." For he and all his companions were completely overcome by the catch they had made. But Jesus said to Simon Peter, "Do not be afraid; from now on it is people you will catch." Then, bringing their boats back to land, they left everything and followed him.

Adapted from Luke 5:1-11
The 5th Sunday of Ordinary Time, Year C

Everyone can learn more about this Gospel
in Church - all are warmly invited.

"To follow Jesus means
to share his love for
every human being."

Pope Francis



SOUWEST 2022

South West London Gang Show

A variety show performed by Scouts and Guides

16th - 19th February 2022

The Lees Theatre,
Sutton High School,
SM1 2AX

Book your tickets via:

www.ticketsource.co.uk/souwest-gang-show

