

Anti-Bullying Policy for Children

'Together we grow in God's love; learning to be the best we can be.'

Love Learn Achieve

St John Fisher is a place where everyone has the right to be themselves. It's a place where everyone can feel safe, be happy and learn. Everyone at our school is equal and acts with respect and kindness towards each other.

What is bullying?

Bullying is when a person is hurtful or unkind to someone else, on purpose and more than once. Bullying can be done by one person or by a group of people. A useful way to remember bullying is

SEVERAL TIMES ON PURPOSE



- Hitting or saying you are going to hit someone
- Touching someone when they don't want you to
- Calling someone names, teasing, using rude language or saying nasty things about someone to them or to other people
- Stealing or damaging someone else's belongings
- Ignoring someone on purpose or leaving them out
- Sending hurtful or unkind texts, emails or online messages to someone or about someone



Bullying can be about:

- ✿ Race or ethnicity (racist bullying)
- ✿ Religion or belief
- ✿ Family and culture
- ✿ Sexist bullying, which is bullying someone because of their gender. For example, because they are a boy or girl, or saying they are acting 'like a boy' or 'like a girl'
- ✿ Homophobic or biphobic bullying, this is saying unkind or nasty things because someone is a lesbian, gay or bisexual, or because you think they are, or because they have two mums or two dads. It is also calling someone lesbian, gay, bisexual on purpose to be unkind or nasty to them, for example 'you are so gay!'
- ✿ Transphobic bullying. This is saying unkind things because someone is Trans, or because you think they are trans, or being nasty about trans people (someone who feels the gender they are given as a baby doesn't match the gender they feel themselves to be).
- ✿ Special educational needs or disability
- ✿ What someone looks like
- ✿ Where someone lives

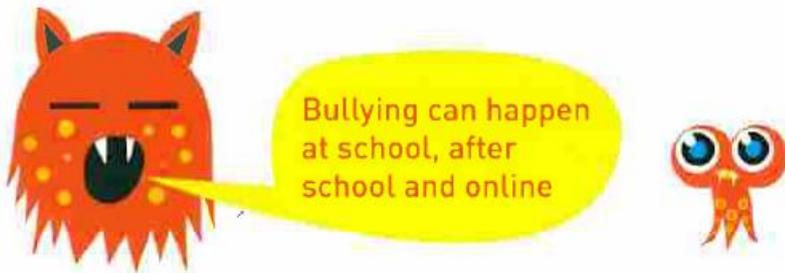


If someone is being hurtful or unkind to you several times on purpose, for whatever reason, whether it is about you or your family or friends, that is bullying. No one should be picked on for being different in anyway, for how they act, what they look like or who their family are.

Why does bullying happen?

Although bullying doesn't happen very much at this school it might happen. Bullies can be older or younger than you, bigger or smaller than you. Bullies pick on people who may be different in some way and try to make them feel worse about themselves. If you are being bullied remember that it is never your fault.

Where does bullying happen?



What should I do if I think someone is being bullied?

Talk to the person and ask if they're okay and try to find out if they are being bullied. If they are, ask if you can help them talk to a teacher or an adult they trust.

What should I do if I'm being bullied?

If you are being bullied it is important to tell someone you trust. Tell an adult or friend, either at school or at home.

If you have already told an adult about bullying you can still tell them again. You can:

- 1. Tell a teacher – your class teacher or any other teacher**
- 2. Tell a buddy who will be able to help you**
- 3. Tell any other adult staff in school – such as the head teacher, a teaching assistant, a lunchtime supervisor or someone in the office**
- 4. Tell an adult at home**
- 5. You can also write a note about the bullying in the worry box**
- 6. You can also call ChildLine at any time for free on 0800 1111. They will not tell anyone about what you have said.**

What should I do if I'm being bullied?

If you tell a teacher or adult at school they will be able to help you. They may tell another teacher like your class teacher, or a parent or carer so that they can help you. Telling an adult will never make bullying worse. They will talk to you and the bully to find ways to stop the bullying.