

Education Wellbeing Service

Parent Webinars

Autumn Term SCHEDULE 2023

11TH or 12TH SEPTEMBER

**Finding your Feet:
Emotional Wellbeing and
Starting School or Nursery**

For early years primary school
parents

25TH or 26TH SEPTEMBER

**Getting Into School - Common
Challenges & Supporting School
Avoidance**

For all primary school parents

28TH SEPTEMBER or 2ND OCTOBER

**Understanding ARFID
(Avoidant Restrictive Food Intake
Disorder)**

For all primary school parents

9TH or 11TH OCTOBER

**Parenting Children With
Characteristics of ADHD**

For all primary school parents

14TH or 16 NOVEMBER

**Supporting Big Emotions at
Home and School- The Zones of
Regulation**

For all primary school parents

13TH or 21ST NOVEMBER

**Understanding And Supporting
Your Child With Autism
Spectrum Condition**

For primary school parents of children
with an ASC diagnosis (any age)

We also provide free 1:1 early support for parents of primary aged children to support their child's common worries and anxieties or support children's tricky or challenging behaviours, speak to your school to find out more

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link to Sign Up to any of these
free local NHS parent webinars
and hear more

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sign up](#)



Education Wellbeing Service

Parent Webinars

Spring/Summer Term SCHEDULE 2024

16TH OR 17TH January

Understanding And Supporting Your Child's Sleep

For all primary school parents

27TH OR 29TH February

Supporting Common Child Anxieties and Worries- Including Around Exams

For KS2 Parents

Various Dates Across Summer Term

Understanding ARFID (Avoidant Restrictive Food Intake Disorder)

For Year 6 Parents

TBC

Supporting The Development of Healthy Body Image in Children

For all primary school parents

INSTRUCTIONS

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